



Introducing LatchTime: Breastfeeding tracking made easy

LatchTime is a beautifully focused breastfeeding timer app built for parents who want simplicity, not complexity. Designed by a fellow parent for his wife after the birth of their third child, LatchTime strips away the clutter found in bloated baby-tracker apps and delivers exactly what nursing parents actually need: a fast, private, one-handed timer with no subscription, no account, and no nonsense.

Key Features

- **Privacy First:** No ads, no tracking, no account required, and no recurring subscription fee. Your data stays on your device.
- **One-Handed Use:** Large, easy-to-reach buttons at the bottom of the screen make it easy to start, pause, switch, or stop, while nursing.
- **Minimal Navigation:** Nearly everything you need is visible and accessible from a single view.
- **Dark Mode Support:** Optimized for night feeds with full dark mode support.
- **Modern Design:** Built for Liquid Glass using Apple's latest frameworks: SwiftUI and SwiftData.
- **Last Breast Indicator:** See at a glance which breast the last feeding started on.
- **Pause Timer:** Pause mid-session to burp or change a diaper, then resume without losing your time.
- **Switch Breasts:** Track single-breast or both-breast feedings within the same session.
- **Bottle Feeding Tracking:** Log breast milk or formula feedings in ounces or milliliters.
- **Timer Reminder Notifications:** Automatic push notifications remind you to stop the timer if you forget.

Availability

LatchTime will be available on iOS and starting July 14, 2026, at an introductory “buy-once-own-forever” launch price of \$2.99.

Download on the App Store: <https://apps.apple.com/app/id6775127251>

About the Developer

LatchTime was built by Dallan Duggar, an indie developer and parent of three based in Salt Lake City, Utah. LatchTime was born out of a real need: his wife wanted a simple, distraction-free breastfeeding timer after their third child arrived, so he built one. Dallan brings a parent's perspective and an eye for thoughtful design and user experience to every detail of the app.

Press Contact

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